



Gymnasium Schedule

August 25 - September 30, 2025

For age restrictions see below.

Schedule Subject to Change.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|--|---|---|--|---|--|
| 5 - 7 am Open Gym | 5 - 9 am Open Gym | 5 - 7 am Open Gym | 5 - 9 am Open Gym | 5 - 7 am Open Gym | 7:15 - 8:45 am Pickleball Beg./Int. | 7:15 - 8:45 am Pickleball Beg./Int. |
| 7 - 9 am Pickleball Beg./Int. | | 7 - 9 am Pickleball Beg./Int. | | 7 - 9 am Pickleball Beg./Int. | 9- 9:55 am Yoga Reservation Req'd | 9- 9:55 am Yoga Reservation Req'd |
| 9- 9:45 am Y Preschool Gym Closed | 9- 9:55 am Yoga Reservation Req'd | 9- 9:45 am Y Preschool Gym Closed | 9- 9:55 am Yoga Reservation Req'd | 9- 9:45 am Y Preschool Gym Closed | 10:30 - 12 pm Open Basketball Ages 13+ | 10:30 - 12 pm Open Basketball Ages 13+ |
| 9:50 am - 1:15 pm Group Ex Classes | 10 - 12 noon Social Pickleball | 9:50am - 1:15 pm Group Ex Classes | 10 - 12 noon Social Pickleball | 9:50 am - 1:15 pm Group Ex Classes | 12 - 2:45 pm Open Basketball Ages 13+ (Right Side) | 12 - 2:45 pm Open Basketball Ages 13+ (Right Side) |
| 1:15 - 3:30 pm Open Gym | 12 - 2 pm Open Gym | 1:15 - 3:30 pm Open Gym | | 1:15 - 3:30 pm Open Gym | 12 - 2:45 pm Youth Open Basketball (Left Side) | 12 - 2:45 pm Youth Open Basketball (Left Side) |
| | 2 - 3 pm Gym Closed for Maintenance | | 12 - 3:30 pm Open Gym | | <p>PLEASE NOTE: Scheduled activities have priority. And the Gym is closed to others. Please be respectful of all members.</p> <p>Open Gym allows members to use the gym to play basketball, walk, stretch, etc. Pickleball <i>may</i> be set-up on half-court only as room provides. Please be respectful of all members.</p> <p>Children 13+ are allowed in the facility on their own with a valid Y Membership.</p> <p>Children 12 and under must be accompanied by an adult member at all times.</p> <p>Pickleball is for all members. Certain times require reservation. To register visit: www.your-y.org/classes</p> <p>Social Pickleball is an easy & fun way to play together with 'NO bangers'.</p> <p>Please be respectful of all members.</p> <p>Building Hours Monday-Friday: 5 am to 8 pm Saturday & Sunday: 7 am to 3 pm</p> <p>Gym CLOSED the following days: October 6 & 7, and 22, 2025</p> | |
| 3:30 - 5 pm School-Age Care Gym closed to all. | 3:30 - 5 pm School-Age Care Gym closed to all. | 3:30 - 5 pm School-Age Care Gym closed to all. | 3:30 - 5 pm School-Age Care Gym closed to all. | 3:30 - 5 pm School-Age Care Gym closed to all. | | |
| 5 - 6 pm Open Basketball Ages 13+ (Right Side) | 5 - 6 pm Open Basketball Ages 13+ (Right Side) | 5 - 6:30 pm Open Basketball Ages 13+ (Right Side) | 5 - 6:30 pm Open Basketball Ages 13+ (Right Side) | 5 - 6 pm Open Basketball Ages 13+ (Right Side) | | |
| 5 - 6 pm Youth Open Basketball (Left Side) | 5 - 6 pm Youth Open Basketball (Left Side) | 5 - 6:30 pm Youth Open Basketball (Left Side) | 5 - 6:30 pm Youth Open Basketball (Left Side) | 5 - 6 pm Youth Open Basketball (Left Side) | | |
| 6 - 7 pm Upper Team Gymnastics Practice Gym closed to all others. | 6 - 7:30 PreTeam Gymnastics Practice Gym closed to all others. | 6:30 pm Private Rental Gym Closed | 6:30 - 7:30 pm Open Gym | 6 - 7:45 pm Open Basketball Ages 13+ All games must end at 7:45 pm Through 9/27 | | |
| 7 pm Private Rental Gym Closed | 7:30 pm Pickleball Advance Level Full Gym 12 players max Non members \$10 Starts 9/2 | | | 6 - 7:45 pm Family Night Starts 10/3 and runs through May | | |

Please be respectful of all members.