



Gymnasium Schedule

August 25 - September 30, 2025

For age restrictions see below.

Schedule Subject to Change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 - 7 am Open Gym	5 - 9 am Open Gym	5 - 7 am Open Gym	5 - 9 am Open Gym	5 - 7 am Open Gym	7:15 - 8:45 am Pickleball Beg./Int.	7:15 - 8:45 am Pickleball Beg./Int.
7 - 9 am Pickleball Beg./Int.		7 - 9 am Pickleball Beg./Int.		7 - 9 am Pickleball Beg./Int.	9- 9:55 am Yoga Reservation Req'd	9- 9:55 am Yoga Reservation Req'd
9- 9:45 am Y Preschool Gym Closed	9- 9:55 am Yoga Reservation Req'd	9- 9:45 am Y Preschool Gym Closed	9- 9:55 am Yoga Reservation Req'd	9- 9:45 am Y Preschool Gym Closed	10:30 - 12 pm Open Basketball Ages 13+	10:30 - 12 pm Open Basketball Ages 13+
9:50 am - 1:15 pm Group Ex Classes	10 - 12 noon Social Pickleball	9:50am - 1:15 pm Group Ex Classes	10 - 12 noon Social Pickleball	9:50 am - 1:15 pm Group Ex Classes	12 - 2:45 pm Open Basketball Ages 13+ (Right Side)	12 - 2:45 pm Open Basketball Ages 13+ (Right Side)
1:15 - 3:30 pm Open Gym	12 - 2 pm Open Gym	1:15 - 3:30 pm Open Gym		1:15 - 3:30 pm Open Gym	12 - 2:45 pm Youth Open Basketball (Left Side)	12 - 2:45 pm Youth Open Basketball (Left Side)
	2 - 3 pm Gym Closed for Maintenance		12 - 3:30 pm Open Gym		PLEASE NOTE: Scheduled activities have priority. And the Gym is closed to others. Please be respectful of all members. Open Gym allows members to use the gym to play basketball, walk, stretch, etc. Pickleball <i>may</i> be set-up on half-court only as room provides. Please be respectful of all members. Children 13+ are allowed in the facility on their own with a valid Y Membership. Children 12 and under must be accompanied by an adult member at all times. Pickleball is for all members. Certain times require reservation. To register visit: www.your-y.org/classes Social Pickleball is an easy & fun way to play together with 'NO bangers'. Please be respectful of all members. Building Hours Monday-Friday: 5 am to 8 pm Saturday & Sunday: 7 am to 3 pm Gym CLOSED the following days: October 6 & 7, and 22, 2025	
3:30 - 5 pm School-Age Care Gym closed to all.	3:30 - 5 pm School-Age Care Gym closed to all.	3:30 - 5 pm School-Age Care Gym closed to all.	3:30 - 5 pm School-Age Care Gym closed to all.	3:30 - 5 pm School-Age Care Gym closed to all.		
5 - 6 pm Open Basketball Ages 13+ (Right Side)	5 - 6 pm Open Basketball Ages 13+ (Right Side)	5 - 6:30 pm Open Basketball Ages 13+ (Right Side)	5 - 6:30 pm Open Basketball Ages 13+ (Right Side)	5 - 6 pm Open Basketball Ages 13+ (Right Side)		
5 - 6 pm Youth Open Basketball (Left Side)	5 - 6 pm Youth Open Basketball (Left Side)	5 - 6:30 pm Youth Open Basketball (Left Side)	5 - 6:30 pm Youth Open Basketball (Left Side)	5 - 6 pm Youth Open Basketball (Left Side)		
6 - 7 pm Upper Team Gymnastics Practice Gym closed to all others.	6 - 7:30 PreTeam Gymnastics Practice Gym closed to all others.	6:30 - 7:45 pm Open Gym	6:30 - 7:30 pm Open Gym	6 - 7:45 pm Open Basketball Ages 13+ All games must end at 7:45 pm Through 9/27		
7 - 7:45 pm Adult Basketball 18+	7:30 pm Pickleball Advance Level Full Gym 12 players max Non members \$10 Starts 9/2			6 - 7:45 pm Family Night Starts 10/3 and runs through May		

Please be respectful of all members.