



Gymnasium Schedule

September 29 - October 26, 2025

For age restrictions see below.

Schedule Subject to Change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 - 7 am Open Gym	5 - 7 am Open Gym	5 - 7 am Open Gym	5 - 7 am Open Gym	5 - 7 am Open Gym	7:15 - 8:45 am Pickleball Beg./Int.	7:15 - 8:45 am Pickleball Beg./Int.
7 - 9 am Pickleball Beg./Int.	7 - 9 am Pickleball Int./Adv.	7 - 9 am Pickleball Beg./Int.	7 - 9 am Pickleball Int./Adv.	7 - 9 am Pickleball Beg./Int.	8:45- 10:15 am Pickleball Int./Adv. Starts 10/4	8:45- 10:15 am Pickleball Int./Adv. Starts 10/5
9- 9:45 am Y Preschool Gym Closed	9- 9:45 am Y Preschool Gym Closed	9- 9:45 am Y Preschool Gym Closed	9- 9:45 am Y Preschool Gym Closed	9- 9:45 am Y Preschool Gym Closed	10:30 - 12 pm Open Basketball Ages 13+	10:30 - 12 pm Open Basketball Ages 13+
9:50 am - 1:15 pm Group Ex Classes	10 - 12 noon Social Pickleball	9:50am - 1:15 pm Group Ex Classes	10 - 12 noon Social Pickleball	9:50 am - 1:15 pm Group Ex Classes	12 - 2:45 pm Open Basketball Ages 13+ (Right Side)	12 - 2:45 pm Open Basketball Ages 13+ (Right Side)
1:15 - 3:30 pm Open Gym	12 - 2 pm Open Gym	1:15 - 3:30 pm Open Gym		1:15 - 3:30 pm Open Gym	12 - 2:45 pm Youth Open Basketball (Left Side)	12 - 2:45 pm Youth Open Basketball (Left Side)
	2 - 3 pm Gym Closed for Maintenance		12 - 3:30 pm Open Gym		<p>PLEASE NOTE: Scheduled activities have priority. And the Gym is closed to others. Please be respectful of all members.</p> <p>Open Gym allows members to use the gym to play basketball, walk, stretch, etc. Pickleball <i>may</i> be set-up on half-court only as room provides. Please be respectful of all members.</p> <p>Children 13+ are allowed in the facility on their own with a valid Y Membership.</p> <p>Children 12 and under must be accompanied by an adult member at all times.</p> <p>Pickleball is for all members. Certain times require reservation. To register visit: www.your-y.org/classes</p> <p>Social Pickleball is an easy & fun way to play together with 'NO bangers'.</p> <p>Please be respectful of all members.</p> <p>Building Hours Monday-Friday: 5 am to 8 pm Saturday & Sunday: 7 am to 3 pm</p> <p>Gym CLOSED the following days: October 6 & 7, and 22, 2025</p>	
3:30 - 5 pm School-Age Care Gym closed to all.	3:30 - 5 pm School-Age Care Gym closed to all.	3:30 - 5 pm School-Age Care Gym closed to all.	3:30 - 5 pm School-Age Care Gym closed to all.	3:30 - 5 pm School-Age Care Gym closed to all.		
5 - 6 pm Open Basketball Ages 13+ (Right Side)	5 - 6 pm Open Basketball Ages 13+ (Right Side)	5 - 6:30 pm Open Basketball Ages 13+ (Right Side)	5 - 6:30 pm Open Basketball Ages 13+ (Right Side)	5 - 6 pm Open Basketball Ages 13+ (Right Side)		
5 - 6 pm Youth Open Basketball (Left Side)	5 - 6 pm Youth Open Basketball (Left Side)	5 - 6:30 pm Youth Open Basketball (Left Side)	5 - 6:30 pm Youth Open Basketball (Left Side)	5 - 6 pm Youth Open Basketball (Left Side)		
6 - 7 pm Upper Team Gymnastics Practice Gym closed to all others.	6 - 7:30 PreTeam Gymnastics Practice Gym closed to all others.	6:30 - 7:45 pm Open Gym	6:30 - 7:30 pm Open Gym	6 - 7:45 pm Open Basketball Ages 13+ All games must end at 7:45 pm Through 9/27		
7 - 7:45 pm Adult Basketball 18+	7:30 pm Pickleball Advance Level Full Gym 12 players max Non members \$10 Starts 9/2			6 - 7:45 pm Family Night runs through May		

Please be respectful of all members.