



PICKLEBALL PLAY GUIDELINES

1. Have fun and play safe.
2. Players must pre-register via the YMCA website or register at the Welcome Center prior to play. Registering guarantees your spot and informs other members that there is interest in play at that time. Anyone is welcome to observe.
3. **Beginner** – anyone who is new to the game of Pickleball or developing basic skills (serving, dinking, volleying, scoring, etc) and team game strategies.
Intermediate – players who seek competitive games and the opportunity to perfect their skills in protecting the net, deliver drop shots, implementing strategic team play, etc.
Advanced – a player that has extensive knowledge of the sport of Pickleball, has played consistently for years, and has experience playing in a competitive format. Visit your-y.org for upcoming introductory lessons and playing time information. YouTube offers helpful videos to get started, as well as www.usapickleball.org.
4. All games are played to 11 points, and must win by 2 points. You only score points when your team is serving.
5. To facilitate Player Rotation, waiting players will line up their paddles in the designated sideline area. When a game finishes, the two winning players will stay on the court, if it is their first game. These two players will split up on opposite sides of the court. A player will rotate out if they have already played 2 games in a row on this court. Non-winners will also rotate out. The first 2, 3, or 4 players at the head of the line will then rotate in. The 2, 3, or 4 players rotating out of a game will put their paddles at the end of the line to rotate into their next game.
6. If you have questions or suggestions, email Kara Younger at kyounger@your-y.org.