



Gymnasium Schedule

January 5 - February 22, 2026

For age restrictions see below.

Schedule Subject to Change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:15 - 7 am Open Basketball	5:15 - 7am Open Basketball	5:15 - 7 am Open Basketball	5:15 - 7 am Open Basketball	5:15 - 7 am Open Basketball	7:15 - 8:45 am Pickleball Beg./Int.	7:15 - 8:45 am Pickleball Beg./Int.
7 - 9 am Pickleball Beg./Int.	7 - 9 am Pickleball Int/Adv.	7 - 9 am Pickleball Beg./Int.	7-9 Pickleball Int/Adv.	7 - 9 am Pickleball Beg./Int.	8:45 - 10:15 am Pickleball Int./Adv.	8:45 - 10:15 am Pickleball Int./Adv.
9- 9:45 am Y Preschool Gym Closed	9- 9:50 am Y Preschool Gym Closed	9- 9:45 am Y Preschool Gym Closed	9- 9:50 am Y Preschool Gym Closed	9- 9:45 am Y Preschool Gym Closed	10:30 - 11:30 am Basketball Clinic Paid Class. 5-7yrs	10:30 - 12 pm Open Basketball
9:50 am - 1:15 pm Group Ex Classes	12 - 1:30 pm Int/Advanced Pickleball	9:50 am - 1:15 pm Group Ex Classes	10 - 12 pm Social Pickleball No bangers	9:50 am - 1:15 pm Group Ex Classes	11:30 - 12:30 pm Basketball Clinic Paid Class.8 -14yrs	
	1:30- 2 pm Open Basketball Ages 13+	1:30 - 3:30 pm Four Rivers Gym Rental Closed to members	12-1:30 pm Int/Adv Pickleball		12:30 - 2:45 pm Youth Open Basketball (Left Side) **	12 - 2:45 pm Open Basketball Ages 13+ (Right Side)
1:30 - 3:30 pm Open Basketball Ages 13+	2 -3 pm Gym Closed for Maintenance		1:30 - 3:30 pm Open Basketball Ages 13+	1:30 - 3:30 pm Open Basketball Ages 13+	12:30 - 2:45 pm Open Basketball 13 + (Right Side)	12 - 2:45 pm Youth Open Basketball (Left Side) **
3:30 - 5 pm School-Age Care Gym closed to all others.	3:30 - 5 pm School-Age Care Gym closed to all others.	3:30 - 5 pm School-Age Care Gym closed to all others.	3:30 - 5 pm School-Age Care Gym closed to all others.	3:30 - 5 pm School-Age Care Gym closed to all others.		
5 - 6 pm Open Basketball Ages 13+ (Right Side)	5 - 6 pm Open Basketball Ages 13+ (Right Side)	5 - 6 pm Open Basketball Ages 13+ (Right Side)	5 - 6:30 pm Open Basketball Ages 13+ (Right Side)	5 - 6 pm Open Basketball Ages 13+ (Right Side)	<p>PLEASE NOTE: Scheduled activities have priority. The Gym is closed to all others. Please be respectful of all members.</p> <p>Children 13+ are allowed in the facility on their own with a valid Y Membership.</p> <p>** Children 12 and under must be accompanied by an adult member at all times.</p> <p>Registration is required to play pickleball. To register visit: www.your-y.org/classes</p> <p>Building Hours Monday-Friday: 5 am to 8 pm Saturday & Sunday: 7 am to 3 pm</p> <p>Gym will be closed January 31 - February 1 for a gymnastics meet.</p> <p>Schedule Subject to Change.</p>	
5 - 6 pm Youth Open Basketball (Left Side) **	5 - 6 pm Youth Open Basketball (Left Side) **	5 - 6 pm Youth Open Basketball (Left Side) **	5 - 6:30 pm Youth Open Basketball (Left Side) **	5 - 6 pm Youth Open Basketball (Left Side) **		
6 - 7:30 Upper Team Gymnastics Practice (Right Side)	6 - 6:30 PreTeam Gymn. Practice (Right Side) OPEN BASKETBALL Ages 13+ (Left Side)	6-7:30 Open Basketball Ages 13+	6:30 - 7:30 pm Drop in Floor Hockey 18 players max Non members \$10	6 - 7:45 pm Family Night runs through May *Not running Jan 30 for Gymnastics meet		
6-7:30 Open Basketball Ages 13+ (Left Side)	6:30-7:30 Open Basketball Ages 13+ FULL GYM		7:30 pm Private Gym Rental Closed to members			