



# Gymnasium Schedule

January 5 - February 22, 2026

**For age restrictions see below.**

**Schedule Subject to Change.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:15 - 7 am <b>Open Basketball</b>	5:15 - 7am <b>Open Basketball</b>	5:15 - 7 am <b>Open Basketball</b>	5:15 - 7 am <b>Open Basketball</b>	5:15 - 7 am <b>Open Basketball</b>	7:15 - 8:45 am <b>Pickleball</b> Beg./Int.	7:15 - 8:45 am <b>Pickleball</b> Beg./Int.
7 - 9 am <b>Pickleball</b> Beg./Int.	7 - 9 am <b>Pickleball</b> Int./Adv.	7 - 9 am <b>Pickleball</b> Beg./Int.	7-9 <b>Pickleball</b> Int./Adv.	7 - 9 am <b>Pickleball</b> Beg./Int.	8:45 - 10:15 am <b>Pickleball</b> Int./Adv.	8:45 - 10:15 am <b>Pickleball</b> Int./Adv.
9- 9:45 am <b>Y Preschool</b> Gym Closed	9- 9:50 am <b>Y Preschool</b> Gym Closed	9- 9:45 am <b>Y Preschool</b> Gym Closed	9- 9:50 am <b>Y Preschool</b> Gym Closed	9- 9:45 am <b>Y Preschool</b> Gym Closed	10:30 - 11:30 am <b>Basketball Clinic</b> Paid Class. 5-7yrs	10:30 - 12 pm <b>Open Basketball</b>
9:50 am - 1:15 pm <b>Group Ex Classes</b>	12 - 1:30 pm <b>Int/Advanced Pickleball</b>	9:50 am - 1:15 pm <b>Group Ex Classes</b>	10 - 12 pm <b>Social Pickleball</b> No bangers	9:50 am - 1:15 pm <b>Group Ex Classes</b>	11:30 - 12:30 pm <b>Basketball Clinic</b> Paid Class.8 -14yrs	
	1:30- 2 pm <b>Open Basketball</b> Ages 13+	1:30 - 3:30 pm <b>Four Rivers Gym Rental</b> Closed to members	12-1:30 pm <b>Int/Adv Pickleball</b>		12:30 - 2:45 pm <b>Youth Open Basketball</b> (Left Side) **	12 - 2:45 pm <b>Open Basketball</b> Ages 13+ (Right Side)
1:30 - 3:30 pm <b>Open Basketball</b> Ages 13+	2 -3 pm <b>Gym Closed for Maintenance</b>		1:30 - 3:30 pm <b>Open Basketball</b> Ages 13+	1:30 - 3:30 pm <b>Open Basketball</b> Ages 13+	12:30 - 2:45 pm <b>Open Basketball</b> 13 + (Right Side)	12 - 2:45 pm <b>Youth Open Basketball</b> (Left Side) **
3:30 - 5 pm <b>School-Age Care</b> Gym closed to all others.	3:30 - 5 pm <b>School-Age Care</b> Gym closed to all others.	3:30 - 5 pm <b>School-Age Care</b> Gym closed to all others.	3:30 - 5 pm <b>School-Age Care</b> Gym closed to all others.	3:30 - 5 pm <b>School-Age Care</b> Gym closed to all others.		
5 - 6 pm <b>Open Basketball</b> Ages 13+ (Right Side)	5 - 6 pm <b>Open Basketball</b> Ages 13+ (Right Side)	5 - 6 pm <b>Open Basketball</b> Ages 13+ (Right Side)	5 - 6:30 pm <b>Open Basketball</b> Ages 13+ (Right Side)	5 - 6 pm <b>Open Basketball</b> Ages 13+ (Right Side)	<p><b>PLEASE NOTE:</b> Scheduled activities have priority. The Gym is closed to all others. Please be respectful of all members.</p> <p><b>Children 13+ are allowed in the facility on their own with a valid Y Membership.</b></p> <p><b>** Children 12 and under must be accompanied by an adult member at all times.</b></p> <p><b>Registration is required to play pickleball.</b> To register visit: <a href="http://www.your-y.org/classes">www.your-y.org/classes</a></p> <p><b>Building Hours</b> Monday-Friday: 5 am to 8 pm Saturday &amp; Sunday: 7 am to 3 pm</p> <p><b>Gym will be closed January 31 - February 1 for a gymnastics meet.</b></p> <p><b>Schedule Subject to Change.</b></p>	
5 - 6 pm <b>Youth Open Basketball</b> (Left Side) **	5 - 6 pm <b>Youth Open Basketball</b> (Left Side) **	5 - 6 pm <b>Youth Open Basketball</b> (Left Side) **	5 - 6:30 pm <b>Youth Open Basketball</b> (Left Side) **	5 - 6 pm <b>Youth Open Basketball</b> (Left Side) **		
6 - 7:30 <b>Upper Team Gymnastics Practice</b> (Right Side)	6 - 6:30 <b>PreTeam Gymn. Practice</b> (Right Side) <b>OPEN BASKETBALL</b> Ages 13+ (Left Side)	6-7:30 <b>Open Basketball</b> Ages 13+	6:30 - 7:30 pm <b>Drop in Floor Hockey</b> 18 players max Non members \$10	6 - 7:45 pm <b>Family Night</b> runs through May *Not running Jan 30 for Gymnastics meet		
6-7:30 <b>Open Basketball</b> Ages 13+ (Left Side)	6:30-7:30 <b>Open Basketball</b> Ages 13+ FULL GYM		7:30 pm <b>Private Gym Rental</b> Closed to members			