



Gymnasium Schedule

August 24 - October 25, 2026

For age restrictions see below.

Schedule Subject to Change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 - 7 am Open Gym	5 - 7 am Open Gym	5 - 7 am Open Gym	5 - 7 am Open Gym	5 - 7 am Open Gym	7:15 - 8:45 am Pickleball Beg./Int.	7:15 - 8:45 am Pickleball Beg./Int.
7 - 9 am Pickleball Beg./Int.	7 - 9 am Pickleball Int./Adv.	7 - 9 am Pickleball Beg./Int.	7 - 9 am Pickleball Int./Adv.	7 - 9 am Pickleball Beg./Int.	8:45- 10:15 am Pickleball Int./Adv.	8:45- 10:15 am Pickleball Int./Adv.
9 - 9:45 am Y Preschool Gym Closed	9 - 9:45 am Y Preschool Gym Closed	9 - 9:45 am Y Preschool Gym Closed	9 - 9:45 am Y Preschool Gym Closed	9 - 9:45 am Y Preschool Gym Closed	11 - 12 pm Girls Basketball Skills & Drills Registration required Ages 8-13	10:30 - 12 pm Open Basketball Ages 13+
9:50 am - 1:15 pm Group Ex Classes	9:50 - 2 pm Open Gym	9:50am - 1:15 pm Group Ex Classes	9:50- 2 pm Open Gym	9:50 am - 1:15 pm Group Ex Classes	12 - 1 pm Girls Basketball League Registration Required Ages 14-18	12 - 2:45 pm Open Basketball Ages 13+ (Right Side)
1:15 - 3:30 pm Open Gym	2 - 3 pm GYM CLOSED for Maintenance	1:15 - 3:30 pm Open Gym		1:15 - 3:30 pm Open Gym	1 - 2 pm Boys Middle School Basketball Registration Required Ages 10-15	12 - 2:45 pm Youth Open Basketball (Left Side)
					2 - 3 pm Open Gym	
3:30 - 5 pm School-Age Care Gym closed to all.	3:30 - 5 pm School-Age Care Gym closed to all.	3:30 - 5 pm School-Age Care Gym closed to all.	3:30 - 5 pm School-Age Care Gym closed to all.	3:30 - 5 pm School-Age Care Gym closed to all.	PLEASE NOTE: Scheduled activities have priority. And the Gym is closed to others. Please be respectful of all members. Open Gym allows members to use the gym to play basketball, walk, stretch, etc. Pickleball <i>may</i> be set-up on half-court only as room provides. Please be respectful of all members. Children 13+ are allowed in the facility on their own with a valid Y Membership. Children 12 and under must be accompanied by an adult member at all times. Pickleball is for all members. Certain times require reservation. To register visit: www.your-y.org/classes Please be respectful of all members. Building Hours Monday-Friday: 5 am to 8 pm Saturday & Sunday: 7 am to 3 pm	
5 - 6 pm Open Basketball Ages 13+ (Right Side)	5 - 6 pm Open Basketball Ages 13+ (Right Side)	5 - 6:30 pm Open Basketball Ages 13+ (Right Side)	5 - 6:30 pm Open Basketball Ages 13+ (Right Side)	5 - 6 pm Open Basketball Ages 13+ (Right Side)		
5 - 6 pm Youth Open Basketball (Left Side)	5 - 6 pm Youth Open Basketball (Left Side)	5 - 7 pm Youth Open Basketball (Left Side)	5 - 6:30 pm Youth Open Basketball (Left Side)	5 - 6 pm Youth Open Basketball (Left Side)		
6 - 7 pm Upper Team Gymnastics Practice ½ gym Gym closed to all.	6 - 7 pm PreTeam Gymnastics Practice Gym closed to all.	7 - 9 pm Volleyball League (CoEd) Registration required Gym closed to all.	6:30 - 7:30 pm Full Court Basketball	6 - 7:45 pm Open Basketball Ages 13+ All games must end at 7:45 pm. Through 9/25		
6 - 8 pm Youth Volleyball Skills & Drills Registration required Gym closed to all.	7 - 9 pm Men's Basketball League Registration required Gym closed to all.		7:30 pm Private Rental Roller Derby	6 - 7:45 pm Family Night Starts Oct 3 runs through May		

Please be respectful of all members.