



Gymnasium Schedule

October 26 - December 20, 2026

For age restrictions see below.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 - 7 am Open Gym	5 - 7 am Open Gym	5 - 7 am Open Gym	5 - 7 am Open Gym	5 - 7 am Open Gym	7:15 - 8:45 am Pickleball: Beg/Int	7:15 - 8:45 am Pickleball: Beg/Int
7 - 9 am Pickleball: Beg/Int	7 - 9 am Pickleball: Int/Adv	7 - 9 am Pickleball: Beg/Int	7 - 9 am Pickleball: Int/Adv	7 - 9 am Pickleball: Beg/Int	8:45- 10:15 am Pickleball: Int/Adv	8:45- 10:15 am Pickleball Int./Adv.
9 - 9:45 am Y Preschool Gym Closed	9 - 9:45 am Y Preschool Gym Closed	9 - 9:45 am Y Preschool Gym Closed	9 - 9:45 am Y Preschool Gym Closed	9 - 9:45 am Y Preschool Gym Closed	11-12pm Girls BBall Skills & Drills Registration Required Ages 8- 13	10:30 - 12pm Open Basketball Ages 13+
9:50 am - 1:15pm Group Ex Classes	9:50-2 pm Open Gym	9:50am - 1:15pm Group Ex Classes	10-11:30 am Open Basketball Ages 55+	9:50 am - 1:15pm Group Ex Classes	12 - 1 pm Open Basketball Ages 13+	12 - 1:30 pm 5th & 6th Grade BBall Registration Required
1:15 - 3:30 pm Open Gym	2 -3 pm GYM CLOSED for Maintenance	1:15 - 3:30 pm Open Gym	12- 1 pm Pickleball: Skills & Drills Registration Required	1:15 - 3:30 pm Open Gym	1- 2 pm Pickleball 101/ Learn How to Play Registration Required	1:30- 3pm 7th & 8th Grade BBall Registration Required
3:30- 5 pm School- Age Care Gym closed to all	3:30- 5 pm School- Age Care Gym closed to all	3:30- 5 pm School- Age Care Gym closed to all	1- 2 pm Pickleball: Play with Coach Registration Required	3:30- 5 pm School- Age Care Gym closed to all	2- 3 pm Full Court Basketball All ages	
5 - 6 pm Open Basketball Ages 13+ (Right Side)	5 - 6 pm Open Basketball Ages 13+ (Right Side)	5- 6:30 pm Open Basketball Ages 13+ (Right Side)	2 - 3:30 pm Open Gym	5- 5:45 pm Open Basketball Ages 13+ (Right Side)		
5 - 6 pm Youth Open Basketball (Left Side) **	5 - 6 pm Youth Open Basketball (Left Side) **	5 - 6:30 pm Youth Open Basketball (Left Side) **	3:30- 5 pm School- Age Care Gym closed to all	5 - 5:45 pm Youth Open Basketball (Left Side) **	PLEASE NOTE: Scheduled activities have priority. The Gym is closed to all others. Please be respectful of all members. Children 13+ are allowed in the facility on their own with a valid Y Membership. ** YOUTH - Children 12 and under must be accompanied by an adult member at all times. Registration is required to play pickleball. To register visit: www.your-y.org/classes Building Hours Monday-Friday: 5 am to 8 pm Saturday & Sunday: 7 am to 3 pm PLEASE PAY ATTENTION TO POSTINGS FOR GYM CLOSURES	
6 - 7 pm Upper Team Gymnastics Practice (Right Side)	6 - 7 pm Pre Team Gymnastics Practice (Right Side)	6:30- 7 pm Gym Closed for Volleyball Prep	5- 6:30 pm Floor Hockey Ages 13+ (Right Side)	5:45- 6 pm Gym Closed for Family Night Prep		
7 - 9 pm Co-Ed Volleyball League Ages 21+	7 - 8 pm Full Court Basketball	7- 8pm Volleyball (Co-Ed) Open Play All ages	6:30- 7:30PM Full Court Basketball All ages	6 - 7:45 pm Family Night		
			7:30 pm Private Rental Roller Derby Closed to Members			

Schedule Subject to Change.