Gymnasium Schedule

October 26 - December 20, 2026

For age restrictions see below.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 - 7 am **Open Gym**	5 -7 am **Open Gym**	5 - 7 am **Open Gym**	5 - 7 am **Open Gym**	5 - 7 am **Open Gym**	7:15 - 8:45 am **Pickleball:**Beg/Int	7:15 - 8:45 am **Pickleball:** Beg/Int
7 - 9 am **Pickleball:** Beg/Int	7 - 9 am **Pickleball:** Int/Adv	7 - 9 am **Pickleball:** Beg/Int	7 - 9 am **Pickleball:** Int/Adv	7 - 9 am **Pickleball:** Beg/Int	8:45- 10:15 am **Pickleball:** Int/Adv	8:45- 10:15 am **Pickleball** Int./Adv.
9 - 9:45 am **Y Preschool** Gym Closed	9 - 9:45 am **Y Preschool** Gym Closed	9 - 9:45 am **Y Preschool** Gym Closed	9 - 9:45 am **Y Preschool** Gym Closed	9 - 9:45 am **Y Preschool** Gym Closed	11-12pm **Girls BBall Skills & Drills** Registration Required Ages 8- 13	10:30 - 12pm **Open Basketball** Ages 13+
9:50 am - 1:15pm **Group Ex Classes**	9:50-2 pm **Open Gym**	9:50am - 1:15pm **Group Ex Classes**	10-11:30 am **Open Basketball** Ages 55+	9:50 am - 1:15pm **Group Ex Classes**	12 - 1 pm **Open Basketball** Ages 13+	12 - 1 pm **Co-Ed Volleyball Open Play** All ages
1:15 - 3:30 pm **Open Gym**	2 -3 pm **GYM CLOSED** for Maintenance	1:15 - 3:30 pm **Open Gym**	12- 1 pm **Pickleball: Skills & Drills** Registration Required	1:15 - 3:30 pm **Open Gym**	1- 2 pm **Pickleball 101/ Learn How to Play** Registration Required	1- 3pm **Rebels Volleyball** Registration Required Gym Closed
3:30- 5 pm **School- Age Care** Gym closed to all	3:30- 5 pm **School- Age Care** Gym closed to all	3:30- 5 pm **School- Age Care** Gym closed to all	1- 2 pm **Pickleball: Play with Coach** Registration Required	3:30- 5 pm **School- Age Care** Gym closed to all	2- 3 pm **Full Court Basketball** All ages	Interested in Rebels Youth Volleyball League? Email Joe Paige, jpaige@your-org
5 - 6 pm **Open Basketball** Ages 13+ (Right Side)	5 - 6 pm **Open Basketball** Ages 13+ (Right Side)	5- 6:45 pm **Open Basketball** Ages 13+ (Right Side)	2 - 3:30 pm **Open Gym**	5- 5:45 pm **Open Basketball** Ages 13+ (Right Side)		
5 - 6:45 pm **Youth Open Basketball** (Left Side) **	5 - 6 pm **Youth Open Basketball** (Left Side) **	5 - 6:45 pm **Youth Open Basketball** (Left Side) **	3:30- 5 pm **School- Age Care** Gym closed to all	5 - 5:45 pm **Youth Open Basketball** (Left Side) **	**PLEASE NOTE:** **Scheduled activities have priority.** The Gym is closed to all others. **Please be respectful of all members.** Children 13+ are allowed in the facility on their own with a valid Y Membership. ** YOUTH - Children 12 and under must be accompanied by an adult member at all times. Registration is required to play pickleball. To register visit: **www.your-y.org/classes** **Building Hours** Monday-Friday: 5 am to 8 pm Saturday & Sunday: 7 am to 3 pm **PLEASE PAY ATTENTION TO POSTINGS FOR GYM CLOSURES**	
6 - 7 pm **Upper Team Gymnastics Practice** (Right Side)	6 - 7 pm **Pre Team Gymnastics Practice** (Right Side)	6:45- 7 pm **Gym Closed for Volleyball Prep**	5- 6:30 pm **Floor Hockey** Ages 13+ (Right Side)	5:45- 6 pm **Gym Closed for Family Night Prep**		
6:45- 7 pm **Gym Closed for Volleyball Prep**	7 - 8 pm **Full Court Basketball**	7- 8pm **Co-Ed Volleyball Open Play** All ages	6:30- 7:30PM **Full Court Basketball** All ages	6 - 7:45 pm **Family Night**		
7 - 8 pm **Co-Ed Volleyball Open Play** Age 18+			7:30 pm **Private Rental** Roller Derby Closed to Members			

Schedule Subject to Change.

Updated 11/17/2026